Dear fellows members and associated members,

A couple of years ago I have the chance to hear the talk delivered by Professor Stephen Kates of University of Rochester Medical Center on “Lean business model in health care” in a local symposium. In essence, he reminded us the pursuit of a sustainable health care system.

Lean thinking, originally used in the Toyota Production System in Japan during the 1960s, is a method of implementing performance improvement by eliminating waste and adding value to processes. Prof. Kates, in his recently published article on “The value of an organized fracture program for the elderly,” concluded that “a co-managed protocol-driven fracture management program could result in a substantial savings in expenditure, length of stay, mortality, complication rates, and readmission rates.” The concept is being applied with increasing frequency across health care organizations.

Another example that could fit-in a lean model is revision joint arthroplasty. Pooling of these patients could be the future direction. Prof. JN Katz of Brigham and Women’s Hospital had studied and examined 4,448 revision total hip arthroplasties using the Medicare database in the United States. He concluded that lower-volume hospitals generate more revisions than that would be expected on the basis of their primary total hip arthroplasty volume, whereas higher-volume hospitals perform more revisions than that would be expected as patients who switch hospitals for the revision surgery at a similar volume or larger-volume hospital than the one in which they had their primary procedure. These data would certainly help to inform health care policy-makers how to obtain optimal outcomes for patients needing both primary and revision total hip replacements.

In summary, it is time to make a quest of shuffling and further injection of both funding and manpower. By
doing this, we could reduce complications and the chances of second operations on our patients, given the context of rising costs and heightened patient expectations and demands; it also exert a synergistic effect on the “fitting-in” of a “lean model” with sufficient caseload.

**HKOA Annual General Meeting 2013**
Date: 23rd November 2013
Time: 18:00 – 18:30
Venue: Room N101, New Wing, Hong Kong Convention & Exhibition Centre

**Golf Day Result (18 Sep 2013)**
**Overall Champion**: Dr Danny Tsui
**Best Gross Score**: Dr Ho Ho Pak

**Men Division**
Champion: Dr Chak Hing Chung
1st runner-up: Dr Dicky Lam
2nd runner-up: Dr Albert Wong

**Women Division**
Champion: Ms Alice Cheng (spouse of Dr. Wong Man Shun )
1st runner-up: Mrs Fhronux Tsui (spouse of Dr Danny Tsui )

Our HKOA dragon boat team has won the **HKMA Invitational Mini Dragon Boat Race cum David Fang Cup Silver Plate Championship** on 18 August 2013!

**The 33rd Hong Kong Orthopaedic Association Annual Congress**
"Defying the Aging Spine - Our Mission Continues"
Date: 23-24 Nov 2013
Venue: The Hong Kong Convention & Exhibition Centre

- Poster presentation schedule
- Poster presentation instructions
- Oral presentation instructions
- Award papers presentations
- Oral free papers presentation (in alphabetical order of authors)

**Asian Federation of Foot & Ankle Surgeons 5th Scientific Meeting & Hong Kong Foot & Ankle Society 1st Scientific Meeting**
30 November, 2013 (Sat)

**1st Foot & Ankle Cadaveric Dissection & Reconstruction Workshop**
1 December, 2013 (Sun)

**Current Concept in Joint Replacement - Winter 2013**
Dec 11-14, 2013
Orlando, Florida

**16th ESSKA Congress**
May 14-17, 2014
Amsterdam / The Netherlands

**The 87th Annual Meeting of the Japanese Orthopaedic Association**
Date: May 22-25, 2014
Venue: Kobe Portopia Hotel

**The Combined Academic Conference of the 18th Biennial Congress of Asia Pacific Orthopaedic Association (APOA) and the 36th Annual Meeting of the Royal College of Orthopaedic Surgeons of Thailand (RCOST)**
Date: October 23-25, 2014
Venue: Pattaya, Thailand

**New Issue of JOTR is available online!**
Please click to the following link to view the latest issue of Journal of Orthopaedics, Trauma and Rehabilitation: June 2013 (Volume 17, Issue 1): [http://ejotr.org/current_issue.aspx](http://ejotr.org/current_issue.aspx)

**New website of Public**
Information Service (PIC)
The PIC of Hong Kong College of Orthopaedic Surgeons has been relocated to the following address:
http://www.orthoinfo-hkos.org

AOTrauma Course—Basic Principles of Fracture Management
17-19 Jan 2014 Link

More meetings information can be found in Orthopaedic Calendar from HKCOS: http://www.hkos.org.hk/calendar/index.aspx

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